



**Crestone
Healing
Arts Center**
PO Box 156 Crestone, CO 81131-0156

Dear Applicant,

I appreciate your interest in receiving our catalog. May I emphasize that our 12-Week 630-hour Massage Certification Training Program is specifically designed for those individuals who are ready to immerse themselves in a highly concentrated, demanding course of study. Crestone is a beautifully rural area. The nearest community resembling a city with its associated amenities is approximately an hour drive from CHAC. The unique "retreat-style" nature of our training gives individuals the opportunity to focus almost entirely on the study of the art of massage. The internalization of the art is highly accelerated and reinforced by the student-student interaction that takes place beyond the context of class hours. Individuals undergoing in-residence training continue to practice, to study, and to support each other while housed either in our facility or (when available) in nearby homes of local community members. The experience is certain to be an adventure not only in the acquisition of special skills in massage therapy but one of self-discovery and self-transformation as well.

Please take the time to read our *School Catalog (Rev. 3-2014, No. 7)* carefully as well as the document entitled "Pre-interview Considerations for Student Candidates". Consider not only its content but your intuitive impression as you study our program, its merits, and its demands. Also, please note the financial commitments asked of students outlined in the enclosed "Student Fee Summary" sheet.

An application form is included should you decide to invite us to officially consider your acceptance as a student in our program. An interview is conducted following a favorable review of a completed application. If time limitations come into play, please contact us as soon as you can. We may need to make special arrangements for a more expeditious review of your application and the possibility of your acceptance into our program. Best wishes on your healing journey. Please stay in touch.

With gratitude,
Dan Retuta
CHAC Director

**Fax/Phone: (719) 256-4036 Web Site: www.crestonehac.com
E Mail: crestonehealingarts@fairpoint.net**

Crestone Healing Arts Center

APPLICATION FOR ENROLLMENT

Please Fill Out Form Completely and Legibly

I am applying for the 12 Week Massage Therapy Certification Intensive Program beginning in the month of:
(Check one): March ___ September ___ Year: _____ Application Fee enclosed: Yes/No
Social Security No: _____ (Pertinent towards applying for CO Massage Therapy Registration)

Personal Information:

Name: _____ Birth date: _____ Age: _____ M/F

As you would have it appear in your certificate

Mailing Address: _____

Street/PO Box _____ City _____ State _____ Zip _____
Phone: Home () _____ Work/Other :() _____ E. Mail: _____

Post Program Address: _____ Phone # () _____
Street/PO Box _____ City _____ State _____ Zip _____

In Case of Emergency Contact: Phone: () _____ () _____
Day _____ Evening _____

Name: _____ Relationship: _____

Address: _____
Street/PO Box _____ City _____ State _____ Zip _____

-Do we have your permission to call an ambulance and arrange for medical care if it is deemed necessary to do so? Yes/No

-Do we have your permission to administer CPR/Emergency first aid if it is deemed necessary to do so? Yes/No

Signature below authorizes the above actions to be taken.

Applicant's Signature: _____ Date: _____

-Do you have a current CPR/First Aid Certification Card? (If yes, Please send us a copy with this application) Yes/No

Education, Training & Occupational Information: (Use additional sheets as necessary)

Name of Institution _____ Address _____ Months/Yrs. Attended _____ Degree/Cert/Diploma _____

College _____ Street/PO Box _____ City _____ State/Zip _____ Month/Yr. _____ Degree _____

High School _____ Street/PO Box _____ City _____ State/Zip _____ Month/Yr. _____ Diploma/GED Yes/No _____

Other training _____ Street/PO Box _____ City _____ State/Zip _____ Month/Yr _____ Area of Cert. _____

Current Occupation: _____ How Long? _____ Phone: () _____

Employer's Name: _____ Address: _____
Street/PO Box _____ City _____ State _____ Zip _____

-I plan to: a) Pay for the program in full b) Pay Installment (Circle one) 3 month / 6 month / 12 month plan

-I plan to pay by Credit Card or by Credit Card Check Yes/No

-I am interested in: ___ In residence housing ___ Housing outside of CHAC (Check one)

FOR OFFICE ONLY: Completed Ap form: ___ Application Fee: \$ ___ Letters of Rec: ___ Proof of HS Grad: ___

Responses to Application Questions: ___ Interview: ___ Date Home Study/Contract Mailed: ___

DOCS RECEIVED: Enrollment Agreement: ___ Dojo House Rules: ___ Preinterview Considerations: ___

Home Study Payment / Deposit: \$: _____ (Note Date received on all items)

COMMENTS:

-I. Additional Materials: Please give careful thought to answering these questions and return your responses with a completed application form. Responses will be points of consideration during applicant interview. Page 1 and Page 2 of this application may be emailed. An application fee must be sent immediately to expedite the admissions process.

1. How did you hear about Crestone Healing Arts Center? What are your reasons for choosing our CHAC program? Describe your expectations and purposes for seeking enrollment.
2. Do you have any previous training in bodywork, massage or anything in the medical/health care field? If yes, explain.
3. Describe any experiences in receiving professional massage/bodywork.
4. Describe your specific financial plan for meeting Program expenses.
5. What are your personal goals? What are your professional goals? Please be specific.
6. Describe how you imagine a career in Massage Therapy would fulfill these goals. Have you checked the regulations for the State and/or municipality you where you plan to begin a massage practice? Do you plan to take the National Exam?
7. Describe any personal attributes and/or skills that would indicate to us that you are well suited for in-residence training at our center. We would like to know how readily you are able to live harmoniously and to form close living relationships with other individuals. Do you have any environmental sensitivities? Do you have any personal idiosyncrasies that may be an influence in an open co-operative living situation (example: snoring, insomnia, talking in one's sleep, etc.)?
8. Describe what you would consider to be major transforming events in your life and how they affected you as an individual.
9. How do you deal with what you would consider to be your personal issues and/or personal challenges? How do you deal with conflict and adversity (internal and/or external)? Please be specific.
10. Is there anything else you would like us to know about you to further assist us to evaluate this enrollment application (interests, personal challenges, personal strengths, hobbies, life experiences, family, etc.)?

11. Please respond to the following questions. Kindly respond in *complete sentences*.

Can you learn and process academic material quickly? Do you have the ability to mindfully observe and quickly translate a demonstrated activity (such as a massage technique) into kinesthetic practice?

Can you commit to follow specific instructions? Can you commit to prompt, 100% attendance?

Can you remain mindful and present particularly under physically, mentally, and emotionally demanding conditions?

Can you handle personal issues positively within the privacy of your personal space? Do you have dietary preferences?

Have you ever been convicted of felony violations and/or arrested for any sexual offenses? If yes, please explain.

Do you have any medical and/or physical and/or psychological and/or emotional conditions, which may inhibit your performance in studying, facilitating, and receiving massage? If yes, please explain.

Do you have any medical and/or physical and/or psychological and/or emotional conditions which can potentially put yourself and those around you at risk in any way no matter how remote? If yes, please explain.

Would you be willing to get a health professional's clearance as a condition for attending our program?

12. Please give time and day/ evening options when you might be available for a phone interview.

II. Three letters of recommendation from individuals who can speak highly of your attributes as a person and about your qualities as a prospective student of our healing arts school. Along with specific words of recommendation, please ask them to include their occupation, their relationship to you, how long they have known you, in what context, and an evening/day number where they may be reached. (Letters may be mailed to: **PO Box 156, Crestone, CO 81131** or e mailed to crestonehealingarts@fairpoint.net with 'letter of recommendation' typed in the subject area).

III. Copy of high school transcripts or G.E.D. Certificate and/or send any photocopies of college diplomas and/or certificates of post secondary training, which clearly preclude having completed high school. Please request high school transcripts to be sent directly to CHAC.

IV. Application Fee made payable to Crestone Healing Arts Center. See Student Fees & Charges Summary.

Your signature below acknowledges that you have carefully read and understand the information in the CHAC School Catalog (Rev. 3-2014, No. 7) and all supporting documents in the application packet and that all information you have provided in this application is complete, true and accurate. (**Note: Complete applications will receive priority in interview scheduling and processing**)

SIGNATURE: _____ **DATE:** _____

PRE INTERVIEW CONSIDERATIONS FOR STUDENT CANDIDATES

We ask you to consider the following points before your interview. We are open to dialog concerning these important items. We feel that they express important considerations, which definitely merit reflection. Your thoughts on these matters will strongly influence the common decision we both have to make regarding attendance of our program.

I. Considerations Surrounding Responsibility

We believe all individuals are completely responsible for all choices they have made regardless of the degree of consciousness which have accompanied these choices. We ask that participants commit to taking complete responsibility for all choices. Responsibility means the ability to recognize the choices one makes, to own the choice as theirs, to recognize consequences, which result from choice, and to respond to these consequences with compassion and clarity. This becomes an important consideration when living in community and in relationship. CHAC asks all participants in our in-residence programs to practice impeccable responsibility. In order to assure a smoothly functioning in-residence program and a positive experience for all who participate, CHAC will accept only students whom we perceive have this quality well in place.

II. On Commitment

The nature of CHAC's location will potentially invite transformation within individuals in powerful ways. Our retreat space is nestled next to the Sangre de Cristo Mountains, a sacred mountain range known as "the silent teacher" to the many Native American mystics who made pilgrimage to this area.

An individual's strengths (physical, mental, emotional and spiritual) will be invited forward in a strong way. An individual's weaknesses (physical, mental, emotional, and spiritual) will most assuredly surface as well. Most residents of Crestone share this observation concerning the "internal demands" of living in and around this area. This is not a view exclusively held by CHAC.

CHAC hopes to attract students who are committed to devoting their strengths to an endeavor of healing and service. The in-residence immersion aspect of our rapidly paced intensives will ask that students put their very best efforts forward not only in the aspect of study and practice but also in the arena of self-examination, personal process work, and maintaining inter-personal harmony. To accept candidates who are unable to function under these circumstances would be a dis-service to the candidate seeking entry, to the student population and to the principle, which we attempt to uphold.

A reasonably healthy physical, mental, emotional, and spiritual constitution and outlook will be a practical necessity to all students wishing to see the program through from beginning to end. Candidates need to be honest with themselves by weighing what these programs will most certainly demand against their current state of balance in all four of these areas. CHAC has no way of completely ascertaining candidates' internal stability in these areas. We ask that candidates be honest with themselves and with CHAC during the interview process in order to evaluate these areas of concern. The following information on our attendance policy as well as a sketch of our general schedule might give candidates an idea of what to expect during the course of the program:

Students may not miss more than 2 (consecutive or non-consecutive) days of program time without withdrawal and/or probationary considerations being immanent. Students must make up any lost hours within a reasonable span of time from the day any deficiency in hours occur. This is largely determined by consulting with CHAC directors and shall not exceed 3 weeks from the time the deficiency incurred or as remaining program time allows.

Daily class hours run 7.5 hours during an average day. Class generally starts at 7:00 AM and ends at 5 PM with morning and mid-day breaks. About 2-4 hours of school associated work takes place after 5 PM. These hours are devoted to either study and/or students massage practice and/or time devoted to accumulating Community Massage Practicum hours. Two Saturdays may be taken up by two massage electives (7 hours/Sat. elective). Weekends are generally used for rest, recreation, and rejuvenation but may also be taken up in part with Community Massage Practicum make-ups and/or working on assigned school work. The final day of the program is usually taken up doing 4-5 final Integrated Massage practicum sessions.

A candidate must have the ability to persevere, to keep presence of body mind and spirit, to self-discipline and self-pace, to maximize and manage rest and recharge time, and to flow with the process in trust and surrender all within the context of 12 Weeks of in-residence training.

III. On Community

We ask that students posture themselves in a way that respects and honors members of the Crestone community as well as the individuals within the CHAC community. We ask that positive conduct and harmonious interaction be practiced continually. In a small rural area such as this one, this consideration is of great importance. In an in-residence program where students are intensely engaged in training and personal process, this becomes an even more crucial requirement. In addition, the architecture of our facility is open. There are no private living quarters, only open lofts and simple storage. Communal living in a spirit of openness and acceptance is therefore encouraged. The following represents a list of personal criteria which would certainly make for a highly enhanced community experience not only here at CHAC but wherever these qualities become an integral part of the group's communal living process:

- to clearly **understand the goal and one's purpose** in undertaking the endeavor;
- to sincerely **commit to doing one's best toward the completion of the goal**;
- to continually **choose wise and balanced self-care** in the context of goal and purpose;
- to **curb habits that weaken and choose habits that strengthen both self & community**;
- to be able to **communicate compassionately, clearly, fairly, and appropriately** (in word as well as in silence, in speaking as well as in listening);
- to **keep one's internal and external space clear, clean, and harmonious**;
- to be sensitive to and **honor boundaries and personal space of self and others**;
- to be **flexible, respecting and honoring individual differences**;
- to understand and **practice generosity, gratitude, humility, and gentleness** as a refined means of expressing love wisdom and personal power;
- to **own and deal with one's personal issues response-ably** within the context of one's own personal space (we ask individuals to refrain from projection, acting out, manipulation and judgment but rather to responsibly face the underlying issues which fuel these harmful practices as soon as they arise);
- to **practice helpfulness towards self and others** and to know how to **appropriately ask for help** from self and from others;
- to **practice "beginner's mind" and "harmlessness"**;
- to consciously endeavor to **choose thoughts, words and attitudes wisely and with awareness** understanding the inextricable relationship between the internal choices one makes and what one manifests experientially as a result;
- to be willing to **practice harmonious conflict resolution skills** as a way of responding to conflict as an opportunity for growth and self-forgiveness;
- to **cultivate humor** and to **value the gift of joy and laughter**.

We are not soliciting for "student saints". We are attempting to attract individuals who are **sincerely willing to consciously practice** the gifting of these qualities to fellow human beings while living and training together in community for 12 weeks.

IV. About our School

We favor simplicity over complexity. We prefer a small intimate school environment to that of a bigger less personal one. We favor artistic human expression through the tools of technique. We encourage foundation-building through compassionate hands-on work. We share tools and attempt to communicate the posture and spirit in which these tools are to be used. It should be clearly understood that we expect students to earnestly practice the art upon leaving CHAC as a condition to gaining deeper practical insight into the tools received during the program. No one leaves CHAC as "accomplished masters". Service rooted in compassion and sincere, consistent practice is the key to accomplishment.

These points will be specifically addressed in detail during your interview. Please formulate your thoughts and questions prior to our dialog. We ask that you sign this document. Your signature acknowledges that you have read and understand its contents and that you agree to embody the list of personal criteria outlined in part III of this document to the very best of your ability if accepted into the program. **Please return this document with the Student Enrollment Agreement materials, which we will send you upon successful completion of your interview.** Thank you.

Signature: _____ Date: _____

(Addendum to School Catalog, Rev. 3-2014, No. 7)